



# Four Seasons Farm Pricelist 2023

Prices are subject to change

## Leafy things

### Washed & Ready to Plate

	Price	Unit	Bulk/Case		
			case size	price per unit	case price
Arugula	\$15.00	lb	6 lb	\$13.00	\$78.00
Saladmix	\$14.00	lb	6 lb	\$12.50	\$75.00
Spinach	\$8.00	lb	6 lb	\$7.00	\$42.00

## Herbs

Basil - pesto	\$1.25	oz	5 lb	\$1.00	\$80.00
Basil - tops	\$2.50	oz	1 lb	\$2.25	\$36.00
Basil lime or thai	\$2.50	oz	1 lb	\$2.25	\$36.00
Chives	\$2.25	oz	1 lb	\$2.00	\$32.00
Cilantro	\$1.50	oz	1 lb	\$1.25	\$20.00
Dill	\$2.25	oz	1 lb	\$2.00	\$32.00
Lemonbalm	\$2.25	oz	1 lb	\$2.00	\$32.00
Lovage	\$2.25	oz	1 lb	\$2.00	\$32.00
Mint	\$2.25	oz	1 lb	\$2.00	\$32.00
Oregano	\$2.25	oz	1 lb	\$2.00	\$32.00
Parsley - curly/italian	\$1.50	oz	1 lb	\$1.25	\$20.00
Rosemary	\$3.25	oz	1 lb	\$3.00	\$48.00
Sage	\$3.25	oz	1 lb	\$3.00	\$48.00
Sorrel	\$1.50	oz	1 lb	\$1.25	\$20.00
Tarragon - french	\$3.25	oz	1 lb	\$3.00	\$48.00
Thyme	\$3.25	oz	1 lb	\$3.00	\$48.00

## Flowers

Borage / Calendula / Johnny Jump Ups / Nasturtiums	\$3.00	dozen
Chive flowers	\$2.25	oz
Dill flowers	\$3.00	dozen
Oregano flowers / Sage flowers	\$2.00	oz
Rosemary flowers / Thyme flowers	\$3.00	oz

## Vegetables

	Price	Unit	Bulk/Case		
			case size	price per unit	case price
Beans - green/yellow	\$4.25	lb	25 lb	\$3.75	\$93.75
Beet greens	\$3.75	bu	12 bu	\$3.25	\$39.00
Beets	\$3.75	lb	20 lb	\$3.25	\$65.00
Broccoli	\$4.50	lb	10 lb	\$4.00	\$40.00
Cabbage	\$2.00	lb	20 lb	\$1.50	\$30.00
Carrots - orange bulk	\$2.15	lb	20 lb	\$1.95	\$39.00
Carrots - orange bunch	\$3.50	bu	18 bu	\$3.25	\$58.50
Cauliflower	\$4.50	lb	10 lb	\$4.00	\$40.00
Celeriac	\$2.75	lb	10 lb	\$2.50	\$25.00
Celery	\$3.25	bu	12 bu	\$3.00	\$36.00
Chard	\$4.00	bu	12 bu	\$3.50	\$42.00
Cucumbers	\$1.75	lb	20 lb	\$1.50	\$30.00
Daikon	\$1.75	lb	20 lb	\$1.50	\$30.00
Eggplants	\$4.00	lb	10 lb	\$3.75	\$37.50
Fennel	\$2.75	lb	10 lb	\$2.50	\$25.00
Garlic	\$14.00	lb	20 lb	\$13.00	\$260.00
Garlic scapes	\$2.50	lb	5 lb	\$1.50	\$7.50
Kale	\$4.00	lb	12 bu	\$3.50	\$42.00
Kohlrabi	\$3.00	lb	10 lb	\$2.75	\$27.50
Leeks	\$4.00	bu	12 bu	\$3.75	\$45.00
Nettles	\$7.50	lb	6 lb	\$6.00	\$36.00
Onions - green	\$2.00	bu	12 bu	\$1.75	\$21.00
Onions - yellow/red	\$1.75	lb	20 lb	\$1.50	\$30.00
Pac Choi	\$2.50	lb	20 lb	\$2.25	\$45.00
Patty Pan small	\$4.00	lb	10 lb	\$3.75	\$37.50
Patty Pan medium/large	\$2.00	lb	10 lb	\$1.75	\$17.50
Peas - Sugarsnap	\$5.00	lb	10 lb	\$4.75	\$47.50
Peppers - green	\$2.75	lb	20 lb	\$2.50	\$50.00
Peppers - coloured	\$4.50	lb	20 lb	\$4.25	\$85.00
Peppers - Jalapeno/Cayenne	\$12.00	lb	5 lb	\$10.00	\$50.00
Peppers - Thai	\$15.00	lb	5 lb	\$13.00	\$65.00
Potatoes	\$1.75	lb	20 lb	\$1.50	\$30.00
Radicchio	\$4.50	lb	5 lb	\$4.25	\$21.25
Radish - watermelon	\$3.00	lb	10 lb	\$2.75	\$27.50
Radishes - fresh	\$2.75	bu	12 bu	\$2.50	\$30.00
Rhubarb	\$2.75	lb	20 lb	\$2.50	\$50.00
Rutabaga	\$1.75	lb	10 lb	\$1.50	\$15.00
Shallots	\$4.50	lb	20 lb	\$4.25	\$85.00
Squash - butternut, buttercup, spaghetti	\$1.25	lb	50 lb	\$1.15	\$57.50
Squash - delicata	\$2.00	lb	50 lb	\$1.75	\$87.50
Sunchokes	\$4.50	lb	20 lb	\$3.75	\$75.00
Tomatoes - cherry	\$4.00	lb	10 lb	\$3.75	\$37.50
Tomatoes - green	\$2.25	lb	10 lb	\$2.00	\$20.00
Tomatoes - heirlooms	\$4.00	lb	10 lb	\$3.75	\$37.50
Tomatoes - roma/plum	\$2.50	lb	20 lb	\$2.25	\$45.00
Tomatoes - round red	\$2.75	lb	10 lb	\$2.50	\$25.00
Turnips - japanese white	\$3.50	lb	20 lb	\$3.00	\$60.00
Turnips - japanese white no greens	\$4.00	lb	20 lb	\$3.75	\$75.00
Zucchini - green/yellow	\$2.00	lb	20 lb	\$1.75	\$35.00

to order email: [order4seasons@gmail.com](mailto:order4seasons@gmail.com)  
or text/call Sina 1-902-893-0944

8244 Hwy 215, Maitland, Nova Scotia, B0N1T0

for accounting: call Owen 1-902-977-1000  
HST#8044910082RP0001