



Four Seasons Farm

8244 Hwy 215, Maitland, Nova Scotia, B0N 1T0

Pricelist 2020

Prices are subject to change

to order...

Email: order4seasons@gmail.com

Text or call Sina: 1-902-893-0944

for accounting...

Call Owen 1-902-977-1000

HST#8044910082RP0001

our delivery driver...

Johnette 1-902-209-3806

Leafy things

Washed & Ready to Plate

	Price/Unit	Bulk/Case	
		Case price/volume	Price/Unit for Case
Arugula	\$14/lb		
Mache	\$20/lb		
Saladmix	\$12/lb	\$69/6lb	\$11.50/lb
Spinach	\$9/lb		
Buckwheat Shoots	\$1.75/oz	\$24/1lb	\$1.50/oz
Peashoots			
Shoot Mix			
Sunflower Shoots			

Herbs

Basil - pesto	\$1.25/oz	\$80/5lb	\$1/oz
Basil - tops	\$2.50/oz	\$36/1lb	\$2.25/oz
Chives	\$2/oz	\$14/8oz	\$1.75/oz
Cilantro	\$1/oz	\$12/1lb	\$0.75/oz
Dill	\$2/oz	\$14/8oz	\$1.75/oz
Lemonbalm	\$2/oz	\$14/8oz	\$1.75/oz
Lovage	\$2/oz	\$14/8oz	\$1.75/oz
Mint	\$2/oz	\$14/8oz	\$1.75/oz
Oregano	\$2/oz	\$14/8oz	\$1.75/oz
Parsley - curly/italian	\$1/oz	\$12/1lb	\$0.75/oz
Rosemary	\$3/oz	\$22/8oz	\$2.75/oz
Rosemary No. 2	\$1/oz	\$12/1lb	\$0.75/oz
Sage	\$3/oz	\$22/8oz	\$2.75/oz
Sorrel	\$1/oz	\$12/1lb	\$0.75/oz
Tarragon - french	\$3/oz	\$22/8oz	\$2.75/oz
Thyme	\$3/oz	\$22/8oz	\$2.75/oz

Flowers

Borage / Calendula / Johnny Jump Ups / Nasturtiums	\$2/dz
Chive flowers	\$1.50/oz
Dill flowers	\$2/bu
Oregano flowers / Sage flowers	\$2/oz
Rosemary flowers / Thyme flowers	\$3/oz

Vegetables	Price/Unit	Bulk/Case	
		Case price/volume	Price/Unit for Case
Beans - green/yellow/purple	\$3.75/lb	\$87.50/25lb	\$3.50/lb
Beet greens	\$3.50/bu	\$39/12bu	\$3.25/lb
Beets - specialty [chiogga, golden, white]	\$3/lb	\$55/20lb	\$2.75/lb
Beets - regular [long, round]	\$2.75/lb	\$50/20lb	\$2.50/lb
Carrots - baby coloured/orange	\$3/lb	\$55/20lb	\$2.75/lb
Carrots - coloured bulk	\$2.50/lb	\$45/20lb	\$2.25/lb
Carrots - orange bulk	\$2/lb	\$35/20lb	\$1.75/lb
Carrots - orange bunch	\$3.25/bu	\$54/18bu	\$3/bu
Chard - rainbow	\$3.50/bu	\$39/12bu	\$3.25/bu
Daikon	\$2/lb	\$35/20lb	\$1.75/lb
Dandelion (washed)	\$10/lb		
Fennel	\$3/lb	\$27.50/10lb	\$2.75/lb
Garlic - continental/czech	\$12/lb	\$250/25lb	\$10/lb
Garlic scapes	\$1.50/lb	\$12.50/10lb	\$1.25/lb
Kale	\$3.25/bu	\$36/12bu	\$3/bu
Kale baby (washed)	\$14/lb		
Nettles	\$6/lb		
Patty Pan small	\$4/lb	\$37.50/10lb	\$3.75/lb
Patty Pan medium/large	\$2.25/lb	\$20/10lb	\$2/lb
Parsnips	\$3.25/lb	\$60/20lb	\$3/lb
Radicchio	\$4.50/lb	\$20/5lb	\$4/lb
Radish, black/watermelon	\$3/lb	\$27.50/10lb	\$2.75/lb
Radishes - bunch	\$2.50/bu	\$27/12bu	\$2.25/bu
Rhubarb	\$2.50/lb	\$22.50/10lb	\$2.25/lb
Shallots	\$5/lb	\$45/10lb	\$4.50/lb
Squash - Butternut, Buttercup	\$1.25/lb	\$57.50/50lb	\$1.15/lb
Squash - Delicata	\$1.65/lb	\$75/50lb	\$1.50/lb
Tomatoes - cherry	\$4/lb	\$37.50/10lb	\$3.75/lb
Tomatoes - green	\$2.25/lb	\$20/10lb	\$2/lb
Tomatoes - heirlooms	\$4/lb	\$37.50/10lb	\$3.75/lb
Tomatoes - roma/plum	\$2.50/lb	\$40/20lb	\$2/lb
Tomatoes - round red	\$2.75/lb	\$25/10lb	\$2.50/lb
Turnips - japanese white	\$3/lb	\$27.50/10lb	\$2.75/lb
Turnips - japanese white large	\$2/lb	\$35/20lb	\$1.75/lb
Turnips - japanese white <small>no greens</small>	\$4/lb	\$75/20lb	\$3.75/lb
Zucchini - green/yellow	\$2/lb	\$35/20lb	\$1.75/lb